

6.5.2023 - Stone Experts Trail Run Urbar: 11 km Einsteiger-TrailRun, Einlaufliste

Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
46	Plag, Sören	LC Mengerskirchen	1985	Men	00.51.46	1	1	1
48	Mallmann, Dieter	LLG Hunsrück	1961	Grand Senior Master Men	00.57.50	1	2	2
83	Deurer, Dominic	RT Irish Pub Koblenz	1979	Master Men	01.08.46	1	3	3
62	Gilles, Markus	TV Jahn Eitelborn	1964	Senior Master Men	01.09.27	1	4	4
63	Kilanowski, Ralf	TV Jahn Eitelborn	1963	Grand Senior Master Men	01.09.56	2	5	5
56	Normann, Helmut	SG Neuhäusel	1967	Senior Master Men	01.10.43	2	6	6
55	Groß, Marion	SG Neuhäusel	1976	Master Women	01.11.05	1	1	7
70	Gorißen-Syrbe, Heike		1966	Senior Master Women	01.11.32	1	2	8
61	Giuliano, Roger	TV Arzheim	1976	Master Men	01.11.51	2	7	9
67	Butscheike, Diana		1985	Women	01.11.55	1	3	10
52	Vigo Benia, Romain	Meddys LWT Koblenz	1989	Men	01.14.31	2	8	11
84	Iltisberger, Mario		1965	Senior Master Men	01.14.31	3	8	11
57	Vierbuchen, Gerhard	Sportfreunde Kadenbach	1954	Grand Senior Master Men	01.16.36	3	10	13
81	Wagner, Andreas	TEA	1977	Master Men	01.17.13	3	11	14
68	Dreis, Felix		1997	Men	01.17.31	3	12	15
75	Retzlaff, Alexander		1977	Master Men	01.17.31	4	12	15
72	Memmesheimer, Tobias		1994	Men	01.20.22	4	14	17
54	Schenkenhofer, Sabine	Running Team Bad Ems	1973	Senior Master Women	01.20.25	2	4	18
43	Hack, Karl-Heinz	BREXBACHGEMSEN SAYN	1957	Grand Senior Master Men	01.22.45	4	15	19
58	Meuer, Sigrid	SV Weitersburg	1958	Grand Senior Master Women	01.22.45	1	5	19
71	Hjordthuus, Thomas		1982	Master Men	01.22.54	5	16	21
51	Beckmann, Luisa	LT Siebengebirge	1989	Women	01.23.02	2	6	22
64	von Schilling, Iris	VFL Waldbreitbach	1977	Master Women	01.23.51	2	7	23
69	Forgber, Jennifer		1986	Women	01.24.24	3	8	24
78	Syrbe, Christoph		1966	Senior Master Men	01.27.00	4	17	25
73	Paetzolt, Isabella		1999	Women	01.27.04	4	9	26
88	Weber, Jan	Pufferfish	1989	Men	01.27.08	5	18	27
40	Blanckart, Peter	Alpha Protodon	1962	Grand Senior Master Men	01.27.29	5	19	28
47	grell, mathias	LG Laacher See	1978	Master Men	01.27.51	6	20	29
60	Lietz, Stefan	TG Oberlahnstein	1961	Grand Senior Master Men	01.27.57	6	21	30
87	Kaspers, Thomas	Pufferfish	1987	Men	01.28.35	6	22	31
76	Schaulin, Alina		1998	Women	01.29.07	5	10	32
49	Nicodemus, Viola	LLG Hunsrück	1967	Senior Master Women	01.31.15	3	11	33
85	Milker, Sven	Pufferfish	1989	Men	01.31.39	7	23	34
86	Wack, Monika	Pufferfish	1992	Women	01.31.39	6	12	34
42	Otto, Hans	BR-Beratung.com	1959	Grand Senior Master Men	01.32.07	7	24	36
41	Dunkel-Klauck, Nike	ASV Köln Laufschule	1980	Master Women	01.32.17	3	13	37
79	Wanner, Verena		1984	Women	01.33.19	7	14	38
82	Eisenhauer-Horst, Ursula	SV Hundsangen	1955	Grand Senior Master Women	01.34.30	2	15	39
66	Blauert, Stefan		1968	Senior Master Men	01.36.23	5	25	40
80	Wirges, Heinz		1951	Grand Senior Master Men	01.36.40	8	26	41
50	Fliedner, Melanie	LSV 07	1980	Master Women	01.36.51	4	16	42
45	Nagel, Sophie	Fit to Run - Laufschule Koblenz	2002	Women	01.37.44	8	17	43
59	Rettinger, Iris	TC Vallendar 83	1968	Senior Master Women	01.38.23	4	18	44
44	Nagel, Edwin	Fit to Run - Laufschule Koblenz	1970	Senior Master Men	01.48.09	6	27	45
89	Winkel, Florian	Eitelborn	1980	Master Men	01.51.01	7	28	46

6.5.2023 - Stone Experts Trail Run Urbar: 11 km Einsteiger-TrailRun, Altersklassen-Sortierung

Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
46	Plag, Sören	LC Mengerskirchen	1985	Men	00.51.46	1	1	1
52	Vigo Benia, Romain	Meddys LWT Koblenz	1989	Men	01.14.31	2	8	11
68	Dreis, Felix		1997	Men	01.17.31	3	12	15
72	Memmesheimer, Tobias		1994	Men	01.20.22	4	14	17
88	Weber, Jan	Pufferfish	1989	Men	01.27.08	5	18	27
87	Kaspers, Thomas	Pufferfish	1987	Men	01.28.35	6	22	31
85	Milker, Sven	Pufferfish	1989	Men	01.31.39	7	23	34
83	Deurer, Dominic	RT Irish Pub Koblenz	1979	Master Men	01.08.46	1	3	3
61	Giuliano, Roger	TV Arzheim	1976	Master Men	01.11.51	2	7	9
81	Wagner, Andreas	TEA	1977	Master Men	01.17.13	3	11	14
75	Retzlaff, Alexander		1977	Master Men	01.17.31	4	12	15
71	Hjordthuus, Thomas		1982	Master Men	01.22.54	5	16	21
47	grell, mathias	LG Laacher See	1978	Master Men	01.27.51	6	20	29
89	Winkel, Florian	Eitelborn	1980	Master Men	01.51.01	7	28	46
62	Gilles, Markus	TV Jahn Eitelborn	1964	Senior Master Men	01.09.27	1	4	4
56	Normann, Helmut	SG Neuhäusel	1967	Senior Master Men	01.10.43	2	6	6
84	Iltisberger, Mario		1965	Senior Master Men	01.14.31	3	8	11
78	Syrbe, Christoph		1966	Senior Master Men	01.27.00	4	17	25
66	Blauert, Stefan		1968	Senior Master Men	01.36.23	5	25	40
44	Nagel, Edwin	Fit to Run - Laufschule Koblenz	1970	Senior Master Men	01.48.09	6	27	45
48	Mallmann, Dieter	LLG Hunsrück	1961	Grand Senior Master Men	00.57.50	1	2	2
63	Kilanowski, Ralf	TV Jahn Eitelborn	1963	Grand Senior Master Men	01.09.56	2	5	5
57	Vierbuchen, Gerhard	Sportfreunde Kadenbach	1954	Grand Senior Master Men	01.16.36	3	10	13
43	Hack, Karl-Heinz	BREXBACHGEMSEN SAYN	1957	Grand Senior Master Men	01.22.45	4	15	19
40	Blanckart, Peter	Alpha Protodon	1962	Grand Senior Master Men	01.27.29	5	19	28
60	Lietz, Stefan	TG Oberlahnstein	1961	Grand Senior Master Men	01.27.57	6	21	30
42	Otto, Hans	BR-Beratung.com	1959	Grand Senior Master Men	01.32.07	7	24	36
80	Wirges, Heinz		1951	Grand Senior Master Men	01.36.40	8	26	41
67	Butscheike, Diana		1985	Women	01.11.55	1	3	10
51	Beckmann, Luisa	LT Siebengebirge	1989	Women	01.23.02	2	6	22
69	Forgber, Jennifer		1986	Women	01.24.24	3	8	24
73	Paetzolt, Isabella		1999	Women	01.27.04	4	9	26
76	Schaulin, Alina		1998	Women	01.29.07	5	10	32
86	Wack, Monika	Pufferfish	1992	Women	01.31.39	6	12	34
79	Wanner, Verena		1984	Women	01.33.19	7	14	38
45	Nagel, Sophie	Fit to Run - Laufschule Koblenz	2002	Women	01.37.44	8	17	43
55	Groß, Marion	SG Neuhäusel	1976	Master Women	01.11.05	1	1	7
64	von Schilling, Iris	VFL Waldbreitbach	1977	Master Women	01.23.51	2	7	23
41	Dunkel-Klauck, Nike	ASV Köln Laufschule	1980	Master Women	01.32.17	3	13	37
50	Fliedner, Melanie	LSV 07	1980	Master Women	01.36.51	4	16	42
70	Gorißen-Syrbe, Heike		1966	Senior Master Women	01.11.32	1	2	8
54	Schenkenhofer, Sabine	Running Team Bad Ems	1973	Senior Master Women	01.20.25	2	4	18
49	Nicodemus, Viola	LLG Hunsrück	1967	Senior Master Women	01.31.15	3	11	33
59	Rettinger, Iris	TC Vallendar 83	1968	Senior Master Women	01.38.23	4	18	44
58	Meuer, Sigrid	SV Weitersburg	1958	Grand Senior Master Women	01.22.45	1	5	19
82	Eisenhauer-Horst, Ursula	SV Hundsangen	1955	Grand Senior Master Women	01.34.30	2	15	39

6.5.2023 - Stone Experts Trail Run Urbar: 24 km TrailRun, Einlaufliste

Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
286	Wellems, Peter	X-Sport Kastellaun	1995	Men	01.57.35	1	1	1
259	Ströbel, Otto	DLRG Vallendar	1977	Master Men	02.02.51	1	2	2
256	Jenewein, Christian	Berggämsen	1981	Master Men	02.06.27	2	3	3
260	Tentler, Markus	FC Weiher	1973	Senior Master Men	02.06.59	1	4	4
250	Banaoues, Yassin	Alpha Protodon	1997	Men	02.09.27	2	5	5
280	Warken, Ingo	TuS 05 Daun	1980	Master Men	02.11.31	3	6	6
307	Stahl, Matthias	Basalköpfe Tegi Runners	1984	Men	02.12.50	3	7	7
272	Fröhlich, Chris	Running Team Bad Ems	1959	Grand Senior Master Men	02.14.49	1	8	8
302	Vorjohann, Daniel		1975	Master Men	02.19.16	4	9	9
303	Müntnich, Kurt		1952	Grand Senior Master Men	02.20.08	2	10	10
252	Blanckart, Leon	Alpha Protodon	1996	Men	02.21.15	4	11	11
251	Blanckart, Cosmo	Alpha Protodon	1998	Men	02.21.35	5	12	12
284	Klimpke, Susan	TV Rennerod RUN FOR FUN	1977	Master Women	02.21.41	1	1	13
257	Steinhäuser, Christian	Brücker Lauffreunde	1978	Master Men	02.23.38	5	13	14
265	Mohr, Michael	Laufsektion Klaus Hergesheimer	1981	Master Men	02.24.49	6	14	15
258	González, Olli	DAV Koblenz	1986	Men	02.26.28	6	15	16
255	Koch, Nicolai	ASV Köln / DW Sport Plus	1988	Men	02.30.06	7	16	17
287	Andree, Manuel		1986	Men	02.34.12	8	17	18
306	Fries, Michael	SIG Koblenz e.V.	1973	Senior Master Men	02.36.24	2	18	19
253	Ochoa Ortíz, Regina	Alpha Protodon	1993	Women	02.37.45	1	2	20
282	Drehmann, Sissy	Turnverein 1901 Rennerod e.V.	1989	Women	02.37.51	2	3	21
274	Kabel, Gerhard	SG Neuhäusel	1960	Grand Senior Master Men	02.38.03	3	19	22
267	Schneider, Udo	LT Siebengebirge	1966	Senior Master Men	02.38.39	3	20	23
275	Schellhaas, Anja	SG Neuhäusel	1970	Senior Master Women	02.40.19	1	4	24
254	Groos, Julia	ASV Köln	1991	Women	02.41.15	3	5	25
262	Herzog, Björn	Jungstar Pacemakers	1983	Master Men	02.41.32	7	21	26
263	Sabla, Tamara	Jungstar Pacemakers	1991	Women	02.41.32	4	6	26
296	Noetzel, Marco		1978	Master Men	02.43.28	8	22	28
291	Junglas, Marcus		1971	Senior Master Men	02.44.02	4	23	29
270	Dreiser, Mirko	Mirko's Running Team	1974	Master Men	02.44.31	9	24	30
276	Sahl, Jasmin	SRL Triathlon Koblenz	1980	Master Women	02.47.30	2	7	31
305	Heller, Frank	Mirko's Running Team	1974	Master Men	02.47.31	10	25	32
269	Ueberholz, Antje	Meddys LWT Koblenz	1967	Senior Master Women	02.47.33	2	8	33
271	Förster, Jan	Mirko's Running Team	1960	Grand Senior Master Men	02.47.36	4	26	34
298	Roßbach, Peter		1971	Senior Master Men	02.47.36	5	26	34
283	Kallnik, Anne	Turnverein 1901 Rennerod e.V.	1983	Master Women	02.49.17	3	9	36
285	Weismüller, Sabine	TV Rennerod RUN FOR FUN	1971	Senior Master Women	02.49.17	3	9	36
304	Ammel, Sven	Laufsektion Klaus Hergesheimer	1981	Master Men	02.53.14	11	28	38
289	Grosche, Jörg		1970	Senior Master Men	02.53.37	6	29	39
279	Syburra, Eric	SV Weitersburg	1968	Senior Master Men	02.55.51	7	30	40
292	Klasen, Uwe		1967	Senior Master Men	03.05.25	8	31	41
301	Stein, Sven		1987	Men	03.05.25	9	31	41
290	Hild, Nils		1988	Men	03.08.43	10	33	43
266	Findling, Dietmar	Laufteam Baumkreis	1960	Grand Senior Master Men	03.10.30	5	34	44
281	Hachenberg, Rebecca	TuS Horhausen	1982	Master Women	03.12.41	4	11	45
264	Dasbach, Katja	Katjas-Laufzeit.de	1977	Master Women	03.14.25	5	12	46
249	Dybek, André	#nurwegenderbananenhier	1970	Senior Master Men	03.18.12	9	35	47
273	Bruchhof, Heike	SG Neuhäusel	1957	Grand Senior Master Women	03.23.26	1	13	48
261	Reichmann, Monika	GieSom.coacht	1971	Senior Master Women	03.27.07	4	14	49
299	Schneider, Kristina		1973	Senior Master Women	03.27.07	4	14	49
297	Reinshagen, Oliver		1989	Men	03.30.21	11	36	51
288	Engel, Sarah		1980	Master Women	03.33.47	6	16	52
294	Matthiesen, Heike		1975	Master Women	03.33.47	6	16	52
293	Lattermann, Lydia		1981	Master Women	03.33.55	8	18	54

6.5.2023 - Stone Experts Trail Run Urbar: 24 km TrailRun, Altersklassen-Sortierung

Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
286	Wellems, Peter	X-Sport Kastellaun	1995	Men	01.57.35	1	1	1
250	Banaoues, Yassin	Alpha Protodon	1997	Men	02.09.27	2	5	5
307	Stahl, Matthias	Basaltköpfe Tegi Runners	1984	Men	02.12.50	3	7	7
252	Blanckart, Leon	Alpha Protodon	1996	Men	02.21.15	4	11	11
251	Blanckart, Cosmo	Alpha Protodon	1998	Men	02.21.35	5	12	12
258	González, Olli	DAV Koblenz	1986	Men	02.26.28	6	15	16
255	Koch, Nicolai	ASV Köln / DW Sport Plus	1988	Men	02.30.06	7	16	17
287	Andree, Manuel		1986	Men	02.34.12	8	17	18
301	Stein, Sven		1987	Men	03.05.25	9	31	41
290	Hild, Nils		1988	Men	03.08.43	10	33	43
297	Reinshagen, Oliver		1989	Men	03.30.21	11	36	51
259	Ströbel, Otto	DLRG Vallendar	1977	Master Men	02.02.51	1	2	2
256	Jenewein, Christian	Berggämsen	1981	Master Men	02.06.27	2	3	3
280	Warken, Ingo	TuS 05 Daun	1980	Master Men	02.11.31	3	6	6
302	Vorjohann, Daniel		1975	Master Men	02.19.16	4	9	9
257	Steinhäuser, Christian	Brücker Lauffreunde	1978	Master Men	02.23.38	5	13	14
265	Mohr, Michael	Laufsektion Klaus Hergesheimer	1981	Master Men	02.24.49	6	14	15
262	Herzog, Björn	Jungstar Pacemakers	1983	Master Men	02.41.32	7	21	26
296	Noetzel, Marco		1978	Master Men	02.43.28	8	22	28
270	Dreiser, Mirko	Mirko's Running Team	1974	Master Men	02.44.31	9	24	30
305	Heller, Frank	Mirko's Running Team	1974	Master Men	02.47.31	10	25	32
304	Ammel, Sven	Laufsektion Klaus Hergesheimer	1981	Master Men	02.53.14	11	28	38
260	Tentler, Markus	FC Weiher	1973	Senior Master Men	02.06.59	1	4	4
306	Fries, Michael	SIG Koblenz e.V.	1973	Senior Master Men	02.36.24	2	18	19
267	Schneider, Udo	LT Siebengebirge	1966	Senior Master Men	02.38.39	3	20	23
291	Junglas, Marcus		1971	Senior Master Men	02.44.02	4	23	29
298	Roßbach, Peter		1971	Senior Master Men	02.47.36	5	26	34
289	Grosche, Jörg		1970	Senior Master Men	02.53.37	6	29	39
279	Syburra, Eric	SV Weitersburg	1968	Senior Master Men	02.55.51	7	30	40
292	Klasen, Uwe		1967	Senior Master Men	03.05.25	8	31	41
249	Dybek, André	#nurwegenderbananenhier	1970	Senior Master Men	03.18.12	9	35	47
272	Fröhlich, Chris	Running Team Bad Ems	1959	Grand Senior Master Men	02.14.49	1	8	8
303	Müntnich, Kurt		1952	Grand Senior Master Men	02.20.08	2	10	10
274	Kabel, Gerhard	SG Neuhäusel	1960	Grand Senior Master Men	02.38.03	3	19	22
271	Förster, Jan	Mirko's Running Team	1960	Grand Senior Master Men	02.47.36	4	26	34
266	Findling, Dietmar	Laufteam Baumkreis	1960	Grand Senior Master Men	03.10.30	5	34	44
253	Ochoa Ortíz, Regina	Alpha Protodon	1993	Women	02.37.45	1	2	20
282	Drehmann, Sissy	Turnverein 1901 Rennerod e.V.	1989	Women	02.37.51	2	3	21
254	Groos, Julia	ASV Köln	1991	Women	02.41.15	3	5	25
263	Sabla, Tamara	Jungstar Pacemakers	1991	Women	02.41.32	4	6	26
284	Klimpke, Susan	TV Rennerod RUN FOR FUN	1977	Master Women	02.21.41	1	1	13
276	Sahl, Jasmin	SRL Triathlon Koblenz	1980	Master Women	02.47.30	2	7	31
283	Kallnik, Anne	Turnverein 1901 Rennerod e.V.	1983	Master Women	02.49.17	3	9	36
281	Hachenberg, Rebecca	TuS Horhausen	1982	Master Women	03.12.41	4	11	45
264	Dasbach, Katja	Katjas-Laufzeit.de	1977	Master Women	03.14.25	5	12	46
288	Engel, Sarah		1980	Master Women	03.33.47	6	16	52
294	Matthiesen, Heike		1975	Master Women	03.33.47	6	16	52
293	Lattermann, Lydia		1981	Master Women	03.33.55	8	18	54
275	Schellhaas, Anja	SG Neuhäusel	1970	Senior Master Women	02.40.19	1	4	24
269	Ueberholz, Antje	Meddys LWT Koblenz	1967	Senior Master Women	02.47.33	2	8	33
285	Weismüller, Sabine	TV Rennerod RUN FOR FUN	1971	Senior Master Women	02.49.17	3	9	36
261	Reichmann, Monika	GieSom.coacht	1971	Senior Master Women	03.27.07	4	14	49
299	Schneider, Kristina		1973	Senior Master Women	03.27.07	4	14	49
273	Bruchof, Heike	SG Neuhäusel	1957	Grand Senior Master Women	03.23.26	1	13	48

6.5.2023 - Stone Experts Trail Run Urbar: 44 km TrailRun Marathon, Einlaufliste

Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
443	Ruick, Paul		1987	Men	04.19.01	1	1	1
431	Jung, Florian	Jungstar Pacemakers	1989	Men	04.19.26	2	2	2
432	Jung, Sören	Jungstar Pacemakers	1989	Men	04.22.11	3	3	3
440	Scherer, Lisa	X-Sport Kastellaun	1992	Women	04.25.12	1	1	4
436	Franz, Torsten	TuS-Laubach/HuBuT	1970	Senior Master Men	04.35.54	1	4	5
437	Hartmann, Lea	VLG Eisenbach	1995	Women	04.38.19	2	2	6
438	Rembser, Lisa	VLG Eisenbach	1987	Women	04.38.19	2	2	6
439	Mangels, Paul	X-Sport Kastellaun	1964	Senior Master Men	04.46.28	2	5	8
430	Lampe, Mariella	Bleibewerk Bonn des KFR	1991	Women	04.48.34	4	4	9
434	Michaelis, Olli	Meddys LWT Koblenz	1972	Senior Master Men	05.57.26	3	6	10
435	Groß, Dorothea	Mirko's Running Team	1959	Grand Senior Master Women	06.09.01	1	5	11
433	Jakobi, Joachim	LG Pronsfeld-Lünebach	1966	Senior Master Men	06.26.31	4	7	12
441	Mohr, Bernd		1969	Senior Master Men	06.42.26	5	8	13
442	Riedling, Nicole		1982	Master Women	06.42.26	1	6	13

6.5.2023 - Stone Experts Trail Run Urbar: 44 km TrailRun Marathon, Altersklassen-Sortierung								
Start-Nr.	Name	Team/Verein/Ort	Jahrg.	Klasse	Endzeit	Platz Klasse	Platz Geschl.	Platz gesamt
443	Ruick, Paul		1987	Men	04.19.01	1	1	1
431	Jung, Florian	Jungstar Pacemakers	1989	Men	04.19.26	2	2	2
432	Jung, Sören	Jungstar Pacemakers	1989	Men	04.22.11	3	3	3
436	Franz, Torsten	TuS-Laubach/HuBuT	1970	Senior Master Men	04.35.54	1	4	5
439	Mangels, Paul	X-Sport Kastellaun	1964	Senior Master Men	04.46.28	2	5	8
434	Michaelis, Olli	Meddys LWT Koblenz	1972	Senior Master Men	05.57.26	3	6	10
433	Jakobi, Joachim	LG Pronsfeld-Lünebach	1966	Senior Master Men	06.26.31	4	7	12
441	Mohr, Bernd		1969	Senior Master Men	06.42.26	5	8	13
440	Scherer, Lisa	X-Sport Kastellaun	1992	Women	04.25.12	1	1	4
437	Hartmann, Lea	VLG Eisenbach	1995	Women	04.38.19	2	2	6
438	Rembser, Lisa	VLG Eisenbach	1987	Women	04.38.19	2	2	6
430	Lampe, Mariella	Bleibewerk Bonn des KFR	1991	Women	04.48.34	4	4	9
442	Riedling, Nicole		1982	Master Women	06.42.26	1	6	13
435	Groß, Dorothea	Mirko's Running Team	1959	Grand Senior Master Women	06.09.01	1	5	11